




CHRISTOPHE HARBOUR  
ST. KITTS

ACTIVITIES



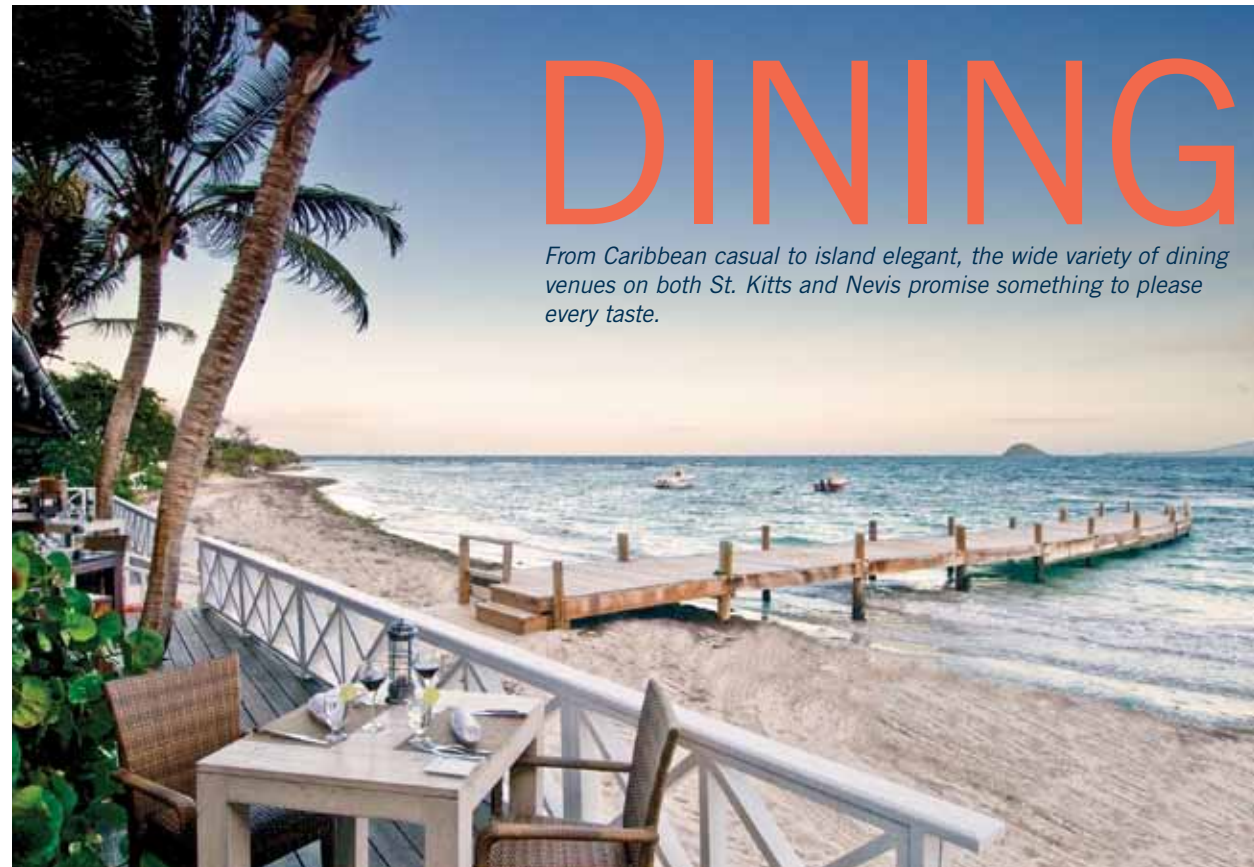


In the Caribbean, sister islands St. Kitts and Nevis make up dual playgrounds for endless adventure. With its vast array of dining choices, outdoor sports and recreation, and cultural offerings, The Federation invites residents and visitors alike to celebrate all that it has to offer.



## CONTENTS

- 1 • Dining
- 2 • Outdoor Pursuits
- 3 • Fitness, Spa, Wellness
- 4 • Discovering  
St. Kitts and Nevis



# DINING

*From Caribbean casual to island elegant, the wide variety of dining venues on both St. Kitts and Nevis promise something to please every taste.*



### THE PAVILION BEACH CLUB

*Sandy Bank Bay | St. Kitts*

Christophe Harbour's exclusive beach club is open daily for Members only (lunch and dinner Tuesday - Saturday). Open to the public Tuesday - Saturday from 5:30 to 10:00pm for dining only. Reservations required 24 hours in advance for non-members.

### LA BELLE VIE *Frigate Bay | St. Kitts*

Serving authentic French cuisine in one of the island's most scenic locales. Open Monday – Saturday for dinner.

### BOMBAY BLUES

*Frigate Bay | St. Kitts*

Authentic Indian cuisine infused with ancient traditions. Open Tuesday – Sunday for lunch and dinner.

### CARAMBOLA RESTAURANT

*South Friar's Bay | St. Kitts*

A unique culinary experience offering Modern European cuisine with Caribbean influences. Open for lunch and dinner. Seasonal hours.

### CATHY'S

*The Strip in Frigate Bay | St. Kitts*

Beachside on the "strip" in Frigate Bay, Cathy's Ocean View Bar and Grill is a true island dining experience. Cathy fixes up mouth watering local specialties like peas and rice, fresh fish and lobster with local vegetables, and finger-licking-good chicken and ribs. Open daily for lunch and dinner.

### MARSHALL'S

*Frigate Bay | St. Kitts*

Locally owned and operated, Marshall's provides a quiet, romantic dining experience overlooking Frigate Bay and the Caribbean. An extensive menu with fresh, local options and a nice selection of wines are sure to please. Open daily for dinner.

### MR. X'S SHIGGIDY SHACK

*The Strip in Frigate Bay | St. Kitts*

A true Caribbean beachfront dining experience. Don't miss *Fireman* every Thursday night. Open daily for lunch and dinner.

### NIRVANA | *St. Kitts*

Set adjacent to the 300-year-old Fairview Great House and botanical gardens, Nirvana serves a Creole-fusion style menu. Open for lunch Monday – Saturday, dinner Wednesday – Saturday, and Sunday brunch.

### RITUALS

*Frigate Bay | St. Kitts*

A must stop for sushi lovers. Enjoy one of many signature fresh rolls including the Kittitian Bite & Roll and the Nevis Platter with 14 pieces of sushi delight. Open daily for lunch and dinner.

### JAM ROCK

*Frigate Bay | St. Kitts*

A comparatively recent addition to the growing array of bars and restaurants at South Friar's Bay. The Jamaican-owned establishment has some of the freshest seafood on the island, while the menu also offers a variety of JA specialties, among them jerk pork and chicken.





SALT Plage, White House Bay

### SALT PLAGE

*White House Bay | St. Kitts*

Arriving by land or by sea, you'll enjoy signature cocktails (try the Salt Pond Jumbie) and light fare. Artful outdoor seating and dockside day beds are ideal spots for watching the sunset. Open daily with seasonal hours.

### SPRAT NET

*Old Road | St. Kitts*

In the heart of Old Road Fishing Village, Sprat Net is a can't-miss "Old Caribbean" dining experience. At this island hot spot, diners choose their dinner from the fresh, local catch and watch it being grilled to perfection. Dinner only.

### ROYAL PALM RESTAURANT

*Ottley's Plantation | St. Kitts*

From unforgettable dinners to enticing daily lunch and breakfast, The Royal Palm delivers a divine dining experience in a beautiful canopied pavilion.

### SERENDIPITY

*Basseterre | St. Kitts*

A casual dining experience, Serendipity is located at the Ocean Terrace Inn. With terrace seating overlooking Basseterre Bay, this seaside restaurant is open for lunch and dinner with an inventive menu.

### BELLE MONT FARM

*Kittitian Hill | St. Kitts*

Savor fresh dishes bursting with local flavor when visiting The Great House. Enjoy the relaxed atmosphere of The Kitchen. Gather with friends old and new over the handcrafted cocktails at The Mill or for a special occasion, reserve your spot at The Table.

### THE SPICE MILL

*Cockleshell Bay | St. Kitts*

A relaxing beachfront spot for liming, lunching, or dining. Open for lunch and dinner. Seasonal hours.

### REGGAE BEACH BAR & GRILL

*Cockleshell Bay | St. Kitts*

Fresh-from-the-grill fare and an array of water sports or rentals for snorkeling, kayaking, and deep sea fishing. Open daily for lunch until sunset.

### THE GALLERY CAFÉ

*Basseterre | St. Kitts*

A unique combination of fresh food and local art, The Gallery Café provides fresh breads, muffins, juices, tea and more in the heart of historic Basseterre.





**BANANAS** | *Nevis*

Tucked away in a hillside location within the grounds of Charlestown's Hamilton Estate, Banana's is a charming, shabby chic hideaway. Dine on the porch or al fresco in the garden overlooking the gardens and Caribbean Sea. Dinner only.

**FOUR SEASONS RESORT** | *Nevis*

Choose from four restaurants offering everything from buffet breakfasts to casual Italian dinners in luxurious settings with stunning ocean views. Hours vary.

**GOLDEN ROCK INN** | *Nevis*

Caribbean cuisine with a global flair is served at The Rocks. Enjoy fresh fish and lobster dishes on dining decks overlooking the sea or within intimate garden settings. Open daily for lunch and dinner

**HERMITAGE** | *Nevis*

The only island kitchen utilizing a traditional wood burning oven. Local ingredients prepared using local techniques by true Nevis locals. Breakfast, lunch and dinner daily.

**MONTPELIER PLANTATION** | *Nevis*

A member of Relais & Chateaux and recipient of AAA Four Diamond awards. Recognized for inspired French and Caribbean cuisine and a well-stocked cellar of exceptional wines and aged rums. Hours vary.

**NISBET PLANTATION** | *Nevis*

Three restaurants merge authentic Nevis flavors with innovative fusion. Choose from Coconuts, Sea Breeze, and the Great House. Hours vary.

**OUALIE BEACH** | *Nevis*

Semi-formal dining in an open air venue serving fresh, locally grown produce wherever possible. Open daily for breakfast, lunch, and dinner.

**CHRISHI BEACH CLUB** | *Nevis*

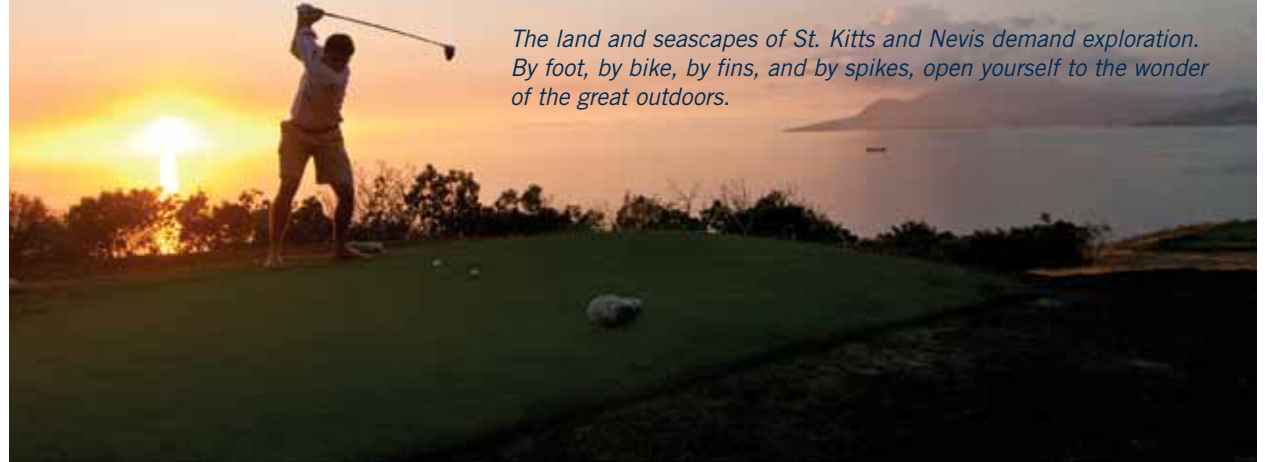
Chrishi Beach Club exudes island sophistication. Offering tapas style bites to full meals. Drink selections range from a glass of rosé wine to signature cocktails. Open for lunch and dinner.



*The Pavilion, Christophe Harbour*



# OUTDOOR PURSUITS



*The land and seascapes of St. Kitts and Nevis demand exploration. By foot, by bike, by fins, and by spikes, open yourself to the wonder of the great outdoors.*

## BEACHES

Christophe Harbour is situated on the southeast peninsula of St. Kitts, where white sand beaches along the shores of both the Atlantic Ocean and the Caribbean are juxtaposed with lush, green mountains rising from the ocean floor. Each St. Kitts beach has its own personality to suit every mood and desire.

Popular beaches include:

- > Sandy Bank Bay
- > Turtle Beach
- > Cockleshell Bay
- > Majors Bay
- > White House Bay
- > South Friars Bay
- > Frigate Bay

## CATAMARAN CRUISE

Enjoy a thrilling tropical adventure aboard an island catamaran. Day charters, half-day and sunset cruises are available.

## DIVING AND SNORKELING

Explore marine life, historic shipwrecks, and more at dozens of Atlantic and Caribbean diving sites for beginners and experts alike. Snorkeling and diving trips, equipment rentals, and chartered expeditions are available.

## FISHING

Marine life is abundant off the shores of St. Kitts, with steep underwater ledges and shoals attracting game fish to the area. Chartered sport fishing expeditions are available.

## FLYBOARDING

Flyboarding is an exhilarating new experience for lovers of sea and sky. Soar 30 feet in the air or swim like a dolphin when you partake in the Caribbean's most exciting new rush.

## GOLF

The championship 18-hole Tom Fazio creation at Christophe Harbour is destined to become the Caribbean's

most celebrated golf course. Two additional 18-hole resort courses at Four Seasons Resort Nevis and and Royal St. Kitts Marriott, and a 9-hole course at Kittitian Hill St. Kitts provide exceptional golf experiences within The Federation, each offering unique challenges and extraordinary vistas to the island golfer.

## HIKING AND BIKING

Tour the coastal rainforest and experience the Valley of the Giants. Climb to Mt. Liamuiga's volcanic crater, or bike the rolling hills of the southeast peninsula. Spectacular scenery accompanies every journey.

Popular options include:

- > Christophe Harbour hiking trails to Cardinal Point, Guana Point, and Priddies Plateau
- > Greg's Safaris Hiking Tours
- > Volcano hikes
- > Mountain bike tours on St. Kitts and Nevis









#### KAYAKING

There are plenty of scenic places to kayak around the peninsula—starting from the marina or out and around Whitehouse Bay and Majors Bay. Complimentary kayaks are available at The Pavilion for Members and guests and for rent at Blue Water Safaris.

#### KITEBOARDING AND WINDSURFING

St. Kitts Kiteboarding School is licensed, insured, and committed to the best quality instruction for all levels. Once you've gotten your sea legs, Turtle Beach and Sandy Bank Bay at Christophe Harbour are excellent spots for both windsurfing and kiteboarding.

#### PADDLEBOARD YOGA

Practice your poses in the calm waters off of South Friar's Beach. A perfect balance of exercise and serenity, SUP yoga is perfect for all skill levels. Classes every Wednesday at Shipwreck Beach Bar & Grill.

### SAILING

Full- or half-day charters are available from Nevis. Also, St. Kitts Sailing School offers instruction for children and adults at Reggae Beach.

### SKYDIVING

SkyDiveStKitts.com offers both first time jumpers and seasoned flyers an adrenaline-racing, sky-high adventure. Seasonal availability.

### STAND-UP PADDLEBOARDING

Honu Pelikana offers a three-hour guided tour tailored for every level of fitness and experience. The Pavilion also has a number of complimentary paddleboards available for our Members and guests.

### ZIPLINE

Sky Safari Tours is a highly advanced, scenic zip line tour through the St. Kitts Rainforest, flying over Wingfield Plantation. The course consists of one trainer line followed by four larger zip lines, lengths from 500 ft to 1,350 ft.



*Hiking at Guana Point*

A silhouette of a person running on a path, set against a warm, golden sunset sky. Tall, dry grass is visible in the foreground, partially obscuring the runner. The overall mood is energetic and serene.

# FITNESS SPA AND WELLNESS

*For athletes casual to competitive, St. Kitts and Nevis celebrates fitness with a number of popular road and water challenges. And for those intent on more pampering pursuits, embrace the spa and wellness offerings of the area.*

### ST. KITTS HASH HOUSE HARRIERS

One Saturday each month, enjoy an hour of exercise followed by a beer and a cook-up. Visiting and Virgin Hashers are invited to run or walk through the island's lush rainforests, cane fields, hills, villages, and beaches.

### BENTE WEBER CHANNEL SWIM | April

A 2.5 mile (4km) open ocean swim from Oualie Beach, Nevis, to Cockleshell Bay, St. Kitts, across "The Narrows" on St. Kitts. The 2015 swim marks the 13th consecutive year of the event.

### DISTANCE RACES

Test your endurance in one of four distance events hosted by The Federation.

- > Nevis 111 Triathlon | *November*  
An international long distance event on Nevis. Participate in the Distance 33.3 or 11.1 Triathlon. Individual competitors and relay teams welcome.
- > Nevis Half Marathon | *January*
- > St. Kitts Marathon | *May*
- > SKN Triathlon Series | *April*

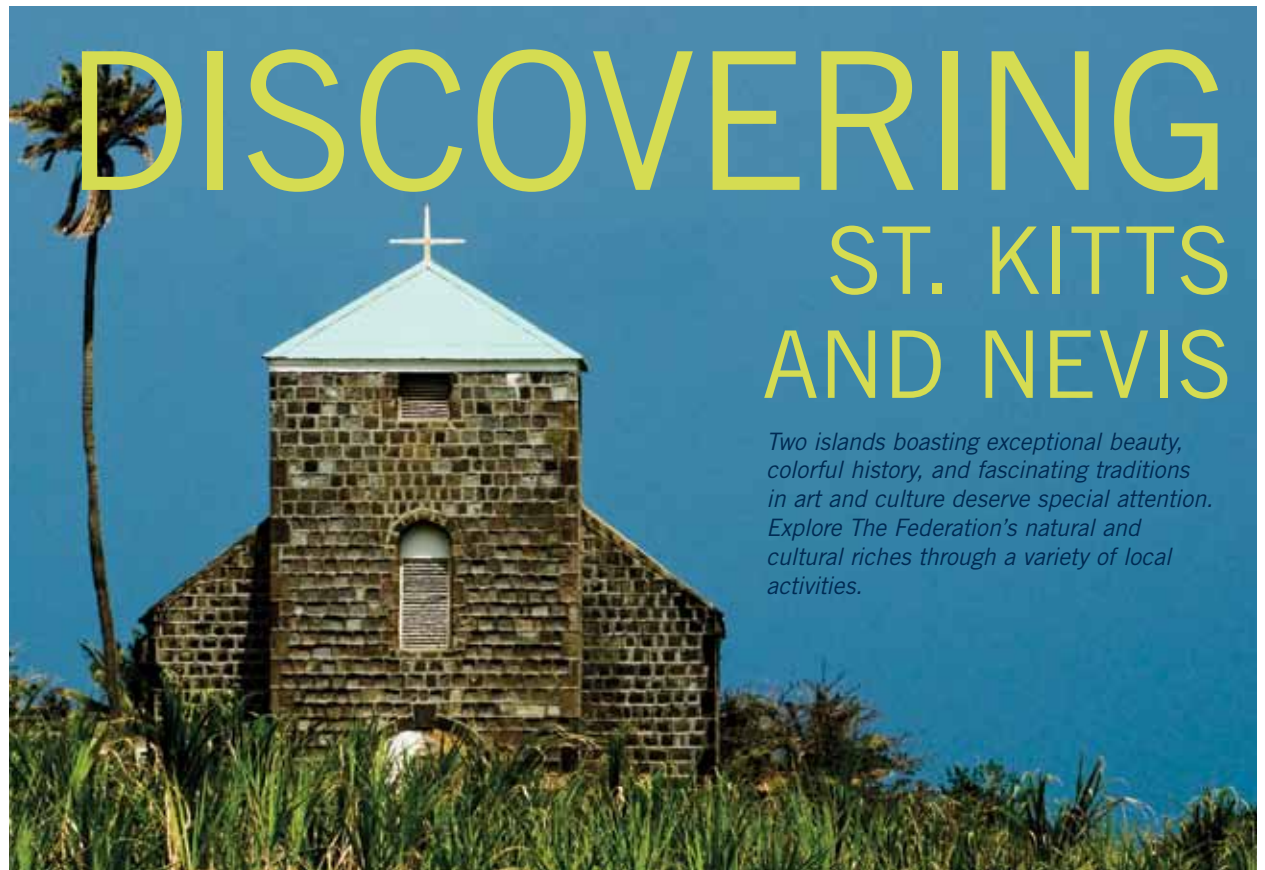
### THE 5K CHILDREN'S HOME FUN RUN | October

### SPA AND WELLNESS OFFERINGS

- > On-site massages available
- > Private yoga instruction and personal training are available
- > Outdoor lawn areas for meditation or yoga
- > Full-service spas at the Marriott St. Kitts and Four Seasons Nevis



Private on-site massage



# DISCOVERING ST. KITTS AND NEVIS

*Two islands boasting exceptional beauty, colorful history, and fascinating traditions in art and culture deserve special attention. Explore The Federation's natural and cultural riches through a variety of local activities.*

### NATURE DISCOVERY

- > Nature hikes and safaris on the Peninsula and beyond with local guides
- > Birding excursions with local guides
- > Horseback riding excursions
- > Environmental awareness / educational opportunities to assist island organizations to tag turtles and their nests, research rare orchids, etc.



### HISTORIC DISCOVERY

- > Historic tours on St. Kitts and Nevis
- > St. Kitts "Sugar Train"
- > St. Christopher National Trust and Museum
- > Downtown Basseterre, historic churches and buildings
- > Brimstone Hill





Contact the Christophe Harbour  
concierge at 869.466.4557 or  
[Concierge@ChristopheHarbour.com](mailto:Concierge@ChristopheHarbour.com)  
for more information or to schedule  
an excursion during your visit.





*Authorized by the Government of St. Kitts and Nevis as an approved project for Citizenship by Investment.  
Use of Christophe Harbour recreational facilities and club amenities may be subject to separate club  
membership requirements, payment of fees and/or other restrictions.*



CHRISTOPHE HARBOUR  
ST. KITTS

